SAFETY SERVICES

CONNEY® SAFETY

A DIVISION OF WESCO DISTRIBUTION, INC.

Creating Safer Work Environments™

800-462-1947 | conney.com

SERVICES

Conney Safety Services

We Have Solutions For Your Safety Problems

Conney Safety has been in the business of protecting companies and workers for over 70 years. Unlike other suppliers, we not only provide products and consultative services; we offer a complete safety solution for companies looking to partner with an industry leader.

Our team of safety experts are professionally trained and led by Certified Safety Professionals (CSP) with over 130 years of combined experience. Our expertise and experience comes from working with countless customers across a variety of industries including manufacturing, construction, food processing, oil and gas, and more. Our expert consultants will work closely with your company's leadership team to develop and implement tailored safety programs and training.

Conney Safety is committed to helping businesses protect their workers and the work they do.

Contact our **Safety Support Team** at
800-462-1947 or **safetysupport@conney.com**

Services

- **Site Safety Audit** (Compliance Audit)
- **Fall Protection Inspections/Repairs**
- **Customized Fall Protection Solutions** (Engineered Systems and Recertification)
- **Air Monitor Repairs/Calibrations**
- **Electrical Glove Testing**
- **Arc Flash Assessments**
- **Lockout/Tagout Procedure Development** (Machine Specific)
- **Gas Detection Equipment Repair**
- **Air and Noise Sampling** (Industrial Hygiene Services)
- **Respiratory Medical Evaluations** (Online)
- **Respiratory Fit Testing**
- **Safety Program Development & Review**
- **Health and Safety Management Programs**

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SITE SAFETY AUDIT (COMPLIANCE AUDIT)

Why do we recommend a site safety audit?

Even the most experienced safety manager will benefit from having another set of eyes to assess the status of their current safety programs. This service can also provide newer safety managers with a priority list on where to begin.

Our Certified Safety Professionals will tailor a site walk-through based on the needs and expectations of your facility. We can customize facility audits to focus on specific issues (i.e., hand protection) as well as interview employees to gather valuable feedback. We'll also provide a detailed report documenting the activity of the auditor. Facility/department safety audits are dependent on the following:

- What is the size of facility?
- Is it a comprehensive vs. topic specific audit?
- How much time is allowed to tour the facility?
- What are the expectations of the written report?

FALL PROTECTION INSPECTIONS/REPAIRS

Fall protection violations continue to rank #1 with OSHA—let us help take some of the worry away from your inspection process. Conney will inspect, repair, and certify your fall protection devices such as winches, self-retracting lifelines (SRLs), and other fall protection equipment. We work directly with manufacturers like 3M/Capital Safety, Miller Fall Protection, MSA, and others to keep your equipment working safely.

Fall protection manufacturers require that a Competent Person inspect your fall protection equipment at least once per year. Our Safety Services team is trained to provide these inspections for those without someone trained as a Competent Person (we also offer Competent Person training) or when third-party documentation is needed. We can provide a quote to inspect your equipment on-site or devices can be shipped to our Madison, Wisconsin location for inspection/documentation in-house.

Have more expensive SRLs that are damaged or have been involved in a fall? We can facilitate getting these units repaired too.

CUSTOMIZED FALL PROTECTION SOLUTIONS (ENGINEERED SYSTEMS AND RE-CERTIFICATION)

Selecting fall protection products off the shelf is preferred, but the reality is that specialized fall protection systems are often the optimal option.

Conney has partnered with a national engineering firm that specializes in turnkey fall protection systems found in General Industry and Construction applications. Our partner is recognized as a leader and innovator in fall protection systems and can review any fall protection scenario and develop creative options to meet your budget and productivity demands. As a turnkey integrator, we offer in-house design, engineering, and installation capabilities at any location in the United States.

ELECTRICAL GLOVE TESTING

OSHA requires the repeated inspection of rubber insulating gloves every 6 months, and we are pleased to provide this service. These tests verify the integrity of the gloves so that the electrical safety of the person wearing them is ensured, and that the product meets or exceeds ASTM standards and OSHA regulations.

Testing options include:

- Cleaning
- Visual Inspection/Air Test
- Electrical Test
- Re-Certification Sheet/Packing Slip

Other testing services include hot sticks, blankets, sleeves, mats, and line hoses.

Glove Exchange Program
Taking glove testing to another level, Conney Safety has partnered with Hi-Line to bring you the Glove Exchange Program. The program ensures that rubber products, such as rubber gloves, meet or exceed ASTM standards and OSHA regulations while maximizing product usage. Skip the worry about when to send in your gloves for testing — we take care of everything, including:

- Storing Gloves and Rubber Products
- Managing Glove Rotations
- Testing and Shipping

The program includes automated scheduled exchanges of your electrical gloves and rubber products; rotating gloves from your personal inventory; and ready-to-use, tested gloves sent to your location when they need to be exchanged in the field. Once your next cycle of gloves arrives, you'll simply return your current set to our testing lab to be cleaned, visually inspected, and placed into a temperature controlled storage area ready for the next cycle.

In addition to glove testing, this program can also include testing and rotations for sleeves, blankets, hoods, boots, line hoses, and more.

ARC FLASH ASSESSMENTS

It is critical that sound arc flash risk assessment programs are in place to support employees in making appropriate decisions on a daily basis. Conney Safety partners with National Electrical Contractors to offer various package options to properly identify and label electrical systems and production control panels to both NFPA 70E compliance and OSHA expectations. Our focus is on safe work practices vs. some common national trends on performing arc flash studies which can sometimes leave employers searching for more help.

Properly conducted safety auditing programs can determine the minimum PPE workers must wear when they are near exposed energized equipment, and in many cases, our team can help recommend solutions to lower equipment hazards. We are here to help you build long-term programs that are based on real life practical applications of OSHA codes and NFPA 70E alike.

LOCKOUT/TAGOUT PROCEDURE DEVELOPMENT (MACHINE SPECIFIC)

Accidents involving lockout violations are commonly severe and deadly, so the liability is too great to ignore.

Employee training on the Control of Hazardous Energy (Lockout/Tagout) is crucial, but a program is not complete without proper documented procedures—the steps required to isolate a given energy source. Granted, not all pieces of equipment require a detailed procedure, but good documentation of all energy sources that could require maintenance will greatly reduce liability.

Conney's Safety Services team will evaluate each piece of equipment and develope additional procedures. These procedures will include photos and simple steps that keep the process easy for any employee who needs to work on the equipment. We can also assist in developing or reviewing the current written program for the organization.

GAS DETECTION EQUIPMENT REPAIR

Our factory-certified technicians can provide repair services for gas detection and environmental instruments to manufacturers' specifications, whether you have one monitor or a fleet of units. We also provide warranty work and preventative maintenance programs.

Services include inspection, calibration, sensor changes, warranty repair, and other maintenance.

Benefits of using our Repair Center:

- Decreased equipment down time
- Decreased repair costs
- Increased performance and reliability
- Increased ROI

AIR & NOISE SAMPLING (INDUSTRIAL HYGIENE SERVICES)

Exposure to chemical vapors, gases, dusts, mists, and fumes are a significant threat to worker health and safety. Testing and monitoring of these hazards is an essential part of any good health and safety program—and we can help implement these measures!

If you're seeking comprehensive monitoring services at your facility, look no further than Conney Safety. We'll be able to provide reliable measurements that you can use as a guide to:

- Selecting personal protective equipment (PPE), such as respirators and hearing protection
- Identifying and marking areas where protection is needed
- Assessing the potential health effects of worker exposure
- Determining the need for additional medical monitoring or control measures

RESPIRATORY MEDICAL EVALUATIONS (ONLINE)

Prior to respiratory protection fit testing, employees need to be medically cleared to wear the device. Only healthcare professionals who are licensed, certified, or registered by the state or certified agencies can perform these evaluations. The cost and time for obtaining a medical evaluation is at the employer's expense.

Conney Safety offers OSHA compliant online medical evaluations at the low cost of $29.00/employee. This cost-effective option allows employees to complete a questionnaire in the workplace, without needing to be sent to an expensive medical facility for evaluation. It is required to register online (20-minute process) with passwords provided for employees to access the medical evaluation. A 90% pass rate is typical. Contact our Safety Services Team to request a medical evaluation today.

FIT TESTING

OSHA's Respiratory Protection Standard (29 CFR 1910.134) requires that employees be both medically cleared through a medical evaluation and fit tested before wearing a respirator, as well as on an annual basis. If respirators are not required (due to air testing results) but you require an employee to wear a respirator, then fit testing must also be completed.

In addition, fit tests should be performed whenever a different size, style, model, or make of respirator is used or when any facial changes occur that could affect fit, such as significant weight fluctuation or dental work.

Conney Safety provides Fit Testing Services that will help ensure your facility meets these requirements.

SAFETY PROGRAM DEVELOPMENT & REVIEW

Having a structured, deliberate approach to safety is the best way to optimize effectiveness and ensure you reap the full reward of your program. Developing a written program (or reviewing an existing program) and processes is a unique challenge to every organization, and one that needs to be specialized to perform tasks at your specific location.

Here are the key components to any good company safety program:

- Commit to workplace safety
- Identify hazards and assess risks
- Develop written programs and processes
- Educate employees
- Investigate/report all accidents and incidents
- Evaluate safety processes each year

Our experienced team can provide detailed inspections to evaluate your operations and ensure your program addresses all aspects of safety and health faced by your workforce. Even if you have safety procedures/policies in place, having another set of eyes to view the big picture can be enlightening and save you money down the road.

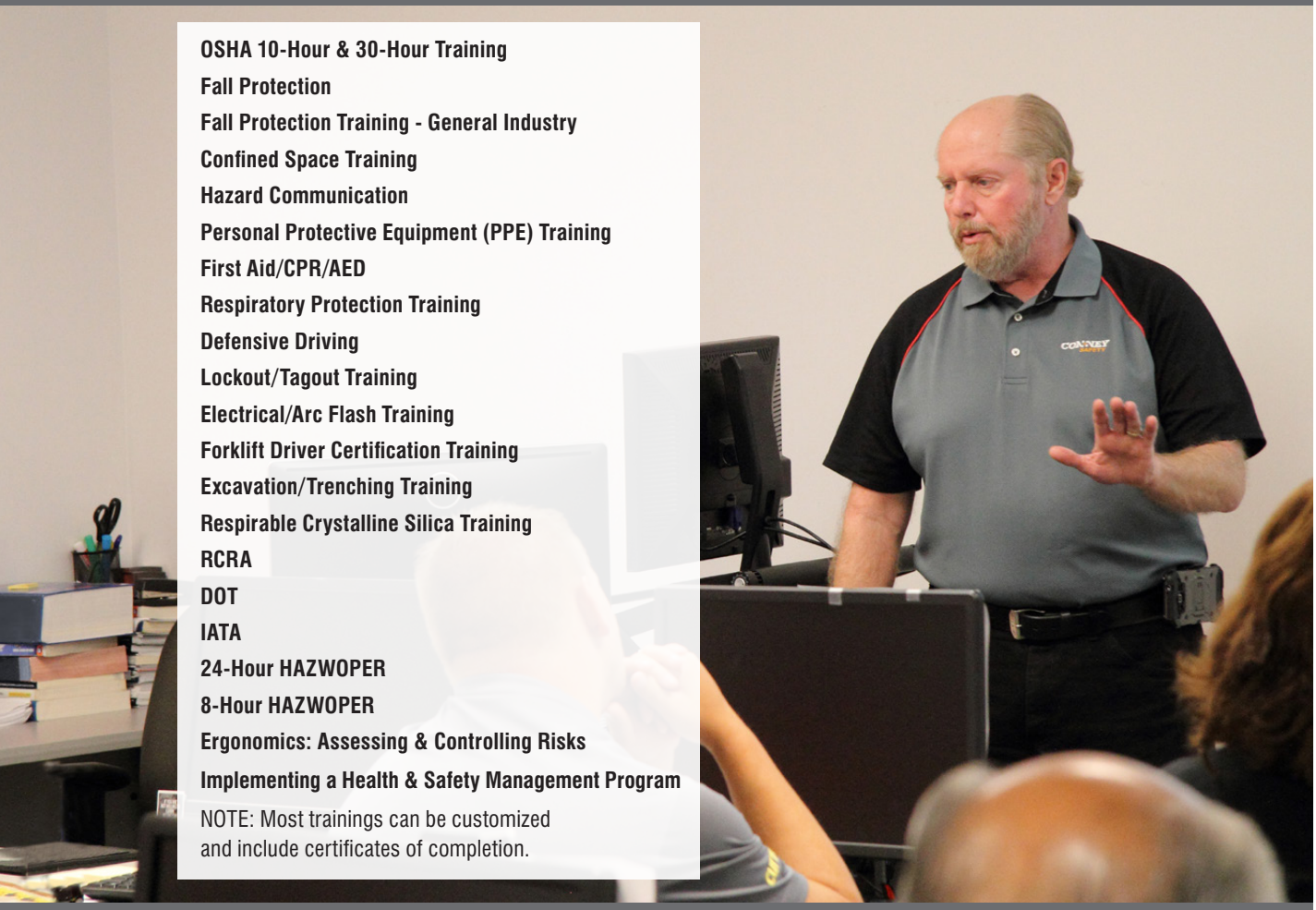
SAFETY PROJECT MANAGEMENT

Our Safety Project Management Services remove the burden of having to develop or implement safety programs in-house. We offer safety audit services/reports for short-term projects (reviewing safety activities of on-site contractors), have the ability to fulfill the responsibilities that a Safety Director typically would (on a part-time basis), and can provide long-term training/audit services at your location on a monthly or quarterly basis.

In the area of safety, every project is unique. We're here to assist with your specific safety challenges through effective, efficient project management. From large capital projects to small business solutions, we can customize a program to fit your needs.

Trainings

Conney Safety offers a wide variety of safety related trainings to meet your organization's requirements and keep your workers safe.



- **OSHA 10-Hour & 30-Hour Training**
- **Fall Protection**
- **Fall Protection Training - General Industry**
- **Confined Space Training**
- **Hazard Communication**
- **Personal Protective Equipment (PPE) Training**
- **First Aid/CPR/AED**
- **Respiratory Protection Training**
- **Defensive Driving**
- **Lockout/Tagout Training**
- **Electrical/Arc Flash Training**
- **Forklift Driver Certification Training**
- **Excavation/Trenching Training**
- **Respirable Crystalline Silica Training**
- **RCRA**
- **DOT**
- **IATA**
- **24-Hour HAZWOPER**
- **8-Hour HAZWOPER**
- **Ergonomics: Assessing & Controlling Risks**
- **Implementing a Health & Safety Management Program**

NOTE: Most trainings can be customized and include certificates of completion.

OSHA 10-HOUR & 30-HOUR TRAINING PROGRAMS

OSHA TRAINED 30

Our 10-hour OSHA training program is intended for entry level workers, and is the most common voluntary outreach training program that employers seek. Our 30-hour training program is intended to provide workers with safety responsibility a greater depth of OSHA-related information. All training provides an overview of the hazards a worker may encounter on a job site. Emphasis is placed on hazard identification, avoidance, and control/prevention. We will accommodate audience needs to customize the content (although most of the curriculum has mandatory topics and timeframes specified). Upon completion of the course, OSHA Training Institute wallet cards are provided and never expire.

FALL PROTECTION TRAINING - CONSTRUCTION/GENERAL INDUSTRY

Falls are the #1 cause of death in the construction industry and consistently the most commonly cited OSHA standard. Lack of proper safety training is commonly an item on OSHA's annual list of top 10 violations.

OSHA regulations state that the employer shall provide a training program for each employee who might be exposed to fall hazards. Even without injury or death, OSHA can impose a $7,000 fine for untrained workers. Make sure your facility is taking proper measures to mitigate the risk of injury and citations!

Conney Safety provides customizable Fall Protection Training for both Construction and General Industry (new "Walking-Working Surfaces" OSHA standard) based on your company's unique needs.

Our training is conducted by a Competent Person and can cover any combination of the following:

- Nature of fall hazards in the work area
- Use and operation of personal fall arrest systems being used (or other protective systems)
- Review and/or development of fall protection plans
- Identifying fall clearance requirements and how it pertains to where employees will be working
- Equipment inspection procedures
- Discussion of rescue plans
- Other topics – as needed

CONFINED SPACE TRAINING

Many workplaces contain spaces that are considered to be "confined" because their configurations hinder the activities of employees who must enter into, work in, or exit from them. Often, employees who work in confined spaces face increased risk of exposure to serious physical injury from hazards such as entrapment, engulfment, and hazardous atmospheric conditions. If employees are expected to enter confined spaces, the employer is required to develop a written permit-required entry program and provide training for the entrant, attendant, and the entry supervisor. Conney can help in developing entry programs, as well as implementing Confined Space Trainings!

Length of trainings is dependent on the complexity of the work environment, as well as how advanced the curriculum is. Generally, trainings can run between 45 minutes to 5 hours.

Training may cover the following:

- Overview of OSHA's permit-required confined space entry standard
- OSHA definition of key terms
- Health and safety hazards associated with confined space work
- Identifying which confined spaces are "permit-required" (and potential reclassification)
- Signage requirements
- Duties of entrants, attendants, and entry supervisors
- Requirements for confined space rescue and emergency services
- OSHA requirements for dealing with on-site contractors
- PPE requirements
- Identifying and measuring atmospheric hazards
- Ventilation techniques

HAZARD COMMUNICATION / GHS TRAINING

The employee "right to know" law has been a commonly cited OSHA standard since its inception in 1980. The Hazard Communication Standard is now aligned with the Globally Harmonized System of Classification and Labeling of Chemicals (GHS).

This updated standard requires employers to train employees on understanding the following:

- **Hazard Classification:** Provides specific criteria for classification of health and physical hazards, as well as classification of mixtures.
- **Labels:** Chemical manufacturers and importers will be required to provide a label that includes a harmonized signal word, pictogram, and hazard statement for each hazard class and category. Precautionary statements must also be provided.
- **Safety Data Sheets (SDS):** Formerly called MSDS, these new documents now must have a 16-section format.

Our customizable Hazard Communication Trainings cover these topics and more!

PERSONAL PROTECTIVE EQUIPMENT (PPE) TRAININGS

PPE is a very broad, but extremely important part of the employee safety education process. Employers are required to train each employee before they are allowed to perform work requiring the use of PPE.

At a minimum, employees must be trained on the following:

- Selecting the correct PPE
- Sizing the right PPE
- What are the PPE's limitations?
- When to discard PPE

Our customizable PPE Trainings can cover such topics as:

- Respirators
- Hand Protection (Gloves)
- Chemical Suits/Rainwear/Aprons/Sleeves
- Hearing Protection (Earplugs/Earmuffs)
- Hard Hats
- Safety Toe Shoes
- Heat/Cold Stress
- Welding PPE

FIRST AID/CPR/AED

Is your staff trained to respond appropriately in the event of a medical emergency? OSHA requires employers to provide medical and first aid personnel/supplies commensurate with the hazards of the workplace.

Conney Safety's First Aid/CPR/AED course provides the training your company needs to be in compliance with OSHA's Medical Services and First Aid standard (29 CFR 1910.151).

During this course employees will learn:

- Recognize a medical emergency
- Handle breathing and cardiac emergencies
- Act appropriately and sustain life until professional help arrives
- Prevent disease transmission
- Identify and care for bleeding, sudden illness and injuries
- Bloodborne pathogens

RESPIRATORY PROTECTION TRAINING

Employees are required to wear respirators whenever engineering and work practice control measures are not adequate to prevent atmospheric contamination at the worksite. When employees must work in environments with insufficient oxygen or where harmful dusts, smokes, mists, fumes, gases, vapors, or sprays are present, they need respirators.

Training is essential for correct respirator use. Employers must teach supervisors and workers how to properly select, use, and maintain respirators—and we can help with this!

Our Respiratory Protection Trainings are designed to cover:

- Why respirator use is necessary
- Selecting the correct respirator for the application
- Limitations, use, and fitting of the respirator
- Cartridge change-out schedules (air purifying)
- Inspection, cleaning, and storage procedures
- Requirements for confined space rescue and emergency services
- How to use the respirator effectively in an emergency
- How to recognize medical signs and symptoms that may limit or prevent the effective use of the respirator

DEFENSIVE DRIVING

The ANSI Z15.1 standard "Safe Practices for Motor Vehicle Operations," defines defensive driving as "driving that save lives, time, and money, in spite of conditions around you and the actions of others." Learning how to be a defensive driver can help reduce your risk of motor vehicle collisions and traffic violations, decrease your insurance premiums, and prevent costly vehicle repairs.

The techniques associated with defensive driving can benefit you in your personal life as well as at work. According to the National Safety Council, the leading cause of occupational fatalities is vehicle-related crashes. Employers that implement a defensive driving course reduce their workers' compensation claims and protect their business operations and brand identity.

During Conney Safety's Defensive Driving course, you will gain the tools you need to be a safer, more efficient driver.

In this class you will learn:

- Safe and unsafe driving behaviors
- Proper motor vehicle maintenance
- Distracted driving behaviors
- Load control
- Traffic regulations
- Safe driving best practices

LOCKOUT/TAGOUT TRAINING

Workers performing service or maintenance on machinery and equipment may be exposed to injuries from the unexpected energization, startup of the machinery or equipment, or release of stored energy in the equipment. Employers must provide initial training before starting service and maintenance activities, as well as retraining as necessary. In addition, employers must certify that the training has been given to all employees covered by the Lockout/Tagout standard. Our customizable Lockout/Tagout Trainings can help ensure these guidelines are properly followed.

Our Lockout/Tagout Trainings can cover:

- Key components of an energy control program
- Six main elements that should be contained in lockout/tagout procedures
- Key elements of a periodic inspection of the energy control device to restore energy and equipment
- Explanation of group lockout/tagout
- Steps to follow to perform testing or positioning on a piece of equipment being repaired
- Best practices for the most effective lockout/tagout program implementation and operation

ELECTRICAL/ARC FLASH TRAINING

OSHA regulations in 29 CFR 1910.332 require electrical safety training for any employees who may reasonably be expected to face risk of injury due to electric shock or other electrical hazards. This basic safety training must cover the safety-related electrical work practices that are mandated by other OSHA rules, as well as any additional safety practices that may be needed to keep workers safe.

Conney provides these Electrical/Arc Flash trainings, which can run from 30 minutes to 4 hours (the amount of time varies upon the risk of electrical hazards along with the complexity of the team's current work environment). OSHA considers any workers who will work on or near exposed energized parts to be "qualified workers," and those individuals need specialized training to help prevent electric shock. Other workers are considered "unqualified workers," and primarily need training to recognize hazardous situations and keep away from them. "Qualified workers" must be trained to deal with those situations safely, as part of their duties.

FORKLIFT DRIVER CERTIFICATION TRAINING

OSHA requires all powered industrial vehicle (PIV) operators to receive training initially, after an incident/accident, and again every three years. The training should emphasize the workplace's features that will affect how the vehicle must be operated as well as the general safety rules applicable to operating any powered industrial vehicle.

Our Forklift Trainings consist of a combination of formal instruction and practical training, and cover:

- Characteristics of the powered industrial truck(s) the employee will be allowed to operate
- Operating environment
- Requirements of the OSHA standard
- Employee evaluation

EXCAVATION/TRENCHING TRAINING

Excavating is recognized as one of the most hazardous construction operations. Our Excavation/Trenching class is customized to either give basic excavation/trenching safety awareness or to help teach employees to be a Competent Person for a given work site (including all the requirements for the OSHA standard). Our courses ensure that students learn about various standardized construction practices for identifying and correcting hazards.

Our customizable Excavation/Trenching Training topics can include:

- Introduction to trenching and excavation
- History of OSHA excavation standards
- Definitions
- Specific excavation requirements
- Soil classification systems
- Requirements for protective systems
- Designs using the OSHA standard
- Support systems, shield systems, and other protective systems
- Materials and equipment
- Installation and removal

RESPIRABLE CRYSTALLINE SILICA TRAINING

OSHA has issued a standard (29 CFR 1926.1153) that requires Construction employers to limit worker exposures to respirable crystalline silica and to take other steps to protect workers. This standard requires engineering controls (such as water spray to control the dust, ventilation systems, or even vacuums) to help limit the exposure to this dangerous dust. If these engineering systems cannot adequately control the dust, then respirators will need to be provided. Some sites will be required to use air monitoring to determine employee exposures (if work activities do not cleanly fit into Table 1 of the standard).

On top of this, OSHA 1910.1053 is the newer standard for addressing respirable crystalline silica in General Industry. While exposure limits are the same, workplace control measures can be more challenging in a “non-construction” environment.

Every employer has a unique challenge when it comes to the respirable silica standard. Our customized training will address your specific work environment, giving the employees appropriate options to keep them safe when exposed to this dangerous substance. Employees will benefit by best understanding why this standard is so important to their health now and in the future.

Our customized Respirable Crystalline Silica Trainings will teach employees:

- Key components of the standard
- Dangers of respirable crystalline silica
- Identifying the roles of the Competent Person
- Three specific options for compliance on any given job site
- Working around other subcontractors creating dust
- Proper use of equipment and minimizing dust exposure
- Sampling techniques – overview
- Written program objectives (changes needed when relocating to new work site)

RCRA

Noncompliance with hazardous waste regulations isn't just bad for the environment, it's bad for business. Fines associated with violating the EPA's Resource Conservation and Recovery Act (RCRA) are currently being issued at a cost of $70,117 per day, per violation. Conney Safety's RCRA course can help your company stay in compliance and avoid costly violations.

This course is designed to meet initial and annual refresher training requirements for all hazardous waste generators. All classes are taught by an experienced safety professional with extensive hazardous waste management experience.

Key topics include:

- Overview of RCRA
- Hazardous Waste Determination
- Generator Requirements
- Transport Requirements
- Land Disposal Restrictions
- Emergency Preparedness

DOT

Does your company transport hazardous materials via ground? If so, your business is governed by the Pipeline and Hazardous Materials Safety Administration (PHMSA), a branch of the Department of Transportation (DOT), under Title 49, Chapter 2 of the Federal Code of Regulations.

PHMSA requires all employees involved in the shipping, transportation, or handling of hazardous materials to receive specific training within 90 days of employment in a Hazmat job; as well as refresher training every three years. With training-related infractions exceeding $450 per violation, per day, this class can be crucial to your business.

Key topics taught by an experience professional includes:

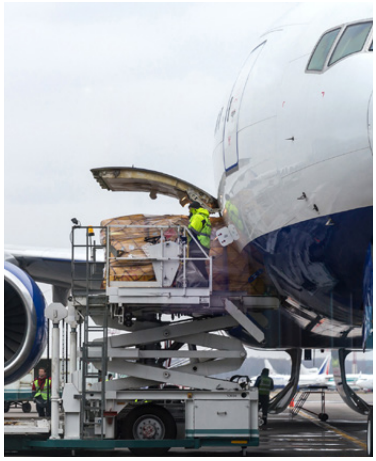
- Introduction to Hazardous Materials Regulations (HMR)
- HMR Applicability
- HMR Training Requirements
- 10 Steps to Compliance, including use of the Hazardous Material Table
- Security and Emergency Response

IATA

Transporting hazardous materials by air requires a great deal of care. These shipments are governed by the Dangerous Goods Regulations (DGR)—a resource published by the International Air Transport Association (IATA) to help organizations prepare, handle, and accept hazardous material shipments via air. Due to the potential catastrophic nature of Dangerous Goods shipments, strict training requirements are in place, with violations reaching $650 per violation, per day.

This course meets the requirement for initial and biennial refresher training. Learn how to be compliant with DGR in addition to these other key topics:

- Classification of Dangerous Goods
- Use of IATA's List of Dangerous Goods
- Packing Requirements for Dangerous Goods Shipped by Air
- Marking and Labeling Requirements for Dangerous Goods Shipped by Air
- Exceptions to Dangerous Goods Regulations



HAZARDOUS WASTE OPERATIONS & EMERGENCY RESPONSE (HAZWOPER) – 24 HOUR

Hazardous waste facilities and cleanup sites aren't the only operations subject to OSHA's HAZWOPER standard. Companies that generate hazardous waste through the normal course of business and are NOT a treatment/storage/disposable facility (TSDF)—or have the potential for accidental release of hazardous substances—are covered under this regulation.

This 24-hour training is designed to meet the requirements for a Hazmat Technician, which is defined under the standard as "anyone who responds aggressively to stop the release of hazardous substances." All HAZWOPER courses are taught by a qualified safety professional, and will include the following topics:

- History of HAZWOPER Regulations
- Site Characterization
- Hazard Identification
- Personal Protective Equipment Selection and Use
- Air Sampling Methods
- Emergency Response
- Decontamination Procedures
- Lockout/Tag Out
- Excavations

HAZARDOUS WASTE OPERATIONS & EMERGENCY RESPONSE (HAZWOPER) – 8 HOUR

Personnel that have previously completed either 40-hour or 24-hour HAZWOPER training are required to complete an annual 8-hour refresher course to maintain their credentials. The 8-hour HAZWOPER course through Conney Safety is designed to meet that requirement.

During this one-day course, a qualified safety professional will deliver training that includes the following as it pertains to responding to the uncontrolled release of hazardous materials:

- Work environment, physical and health hazards
- Hierarchy of Control/Hazard Assessments
- Personal Protective Equipment
  - Respiratory Protection
  - Foot Protection
  - Head Protection
  - Eye/Face Protection
  - Hand Protection
  - EPA's Levels of Protection (A,B,C and D)
- Site Monitoring
- Site Characterization and Analysis
- Decontamination Procedures
- Excavations/Trenching Safety
- Confined Space Entry Safety

ERGONOMICS: ASSESSING & CONTROLLING RISKS

Musculoskeletal disorders (MSDs) account for roughly one-third of all workplace injuries in the US. These injuries can become severe (and costly) very quickly, if not properly addressed. The best way to manage MSDs is to prevent them for occurring in the first place.

Conney Safety's "Ergonomics: Assessing and Controlling Risks" course gives you the tools needed to identify ergonomic hazards in the workplace, and control them before they lead to a costly injury. During this course—taught by a qualified safety professional—you will learn how to assess ergonomic risks in your workplace.

Topics will include:

- Basic human anatomy
- Identifying ergonomic risk factors
- Ergonomic analysis techniques
- Ergonomic control methods
- Office ergonomics

IMPLEMENTING A HEALTH & SAFETY MANAGEMENT PROGRAM

OSHA has recently recognized the benefits of having a Health and Safety Management Program, and has begun encouraging companies to implement their own program to help improve their overall health and safety performance. There are many examples of Health and Safety Management Programs (OSHA's Safe + Sound, Incident and Illness Prevention Plan, OSHAS 18001 and ISO 45001), but they all begin with three basic elements: management commitment, identifying and correcting hazards, and employee engagement.

During Conney Safety's Health and Safety Management Program, you will learn how implementing a health and safety management program can help improve the safety performance within your company. An experienced safety professional will give you the tools you need to successfully build and implement a program of your own.

During this training course, you will learn:

- Benefits of having a safety and health management program
- Components of a successful safety and health management program
- How to take a continuous improvement approach to safety and health
- Program implementation tools and resources

BIOS

Meet our team.

BRIAN MUEHLENKAMP, CSP
(DIRECTOR OF CUSTOMER AND SAFETY SERVICES)

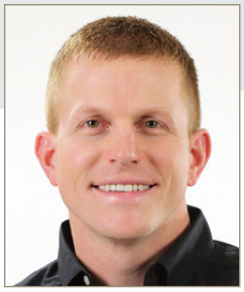
Brian Muehlenkamp has over 30 years of experience in occupational safety and health that spans over a wide-range of industries, including: manufacturing, warehousing, and food processing. Brian believes workplace accidents are 100% preventable if an engaging safety culture is established. He specializes in helping clients develop a safety culture unique to their organization through interactive safety training workshops, performing comprehensive workplace audits, or aiding in the development of safety leadership skills.

MICHAEL TESMER, CSP
(SAFETY SERVICES MANAGER)

Michael Tesmer is a seasoned safety and health professional with 35+ years of experience evaluating, developing, and implementing safety and health programs across various industries—construction, manufacturing, food processing, and hazardous waste operations. His articles have been featured in several safety trade publications, and he has spoken nationally at conferences for National Safety Council (NSC) and the Voluntary Protection Programs Participants' Association (VPPPA). Michael is a strong advocate for customized training and prioritizing a company's need to keep its employees safe. He is focused on helping identify better safety solutions for all.

DAVID JEWELL, CSP
(NATIONAL SAFETY CONSULTANT)

Dave Jewell has over 35 years of safety experience; previously holding positions in corporate HSE, insurance, and consulting. He is a recipient of the Distinguished Service to Safety Award from the National Safety Council (NSC) and has served on the NSC's Section-and Division-level committees—respectively—for over 25 years. David is an OSHA outreach trainer and specializes in safety management systems, machine guarding, powered industrial vehicles, and industrial hygiene. David's diverse background has allowed him to problem solve effectively. He feels that in order to have a successful safety program with employee acceptance, you need worker involvement to help properly identify the hazards in the workplace.



JORDAN SCHLITTLER, CSP, CHST
(NATIONAL SAFETY CONSULTANT)

Jordan Schlittler holds a Masters in Occupational and Environmental Safety and Health, a Bachelors in Technology Education, and is a serving member of the 1-147th Assault Helicopter Battalion as a UH-60M Blackhawk Pilot. Jordan has over 11 years of experience in electrical safety and program management, and he specializes in NFPA 70E, OSHA outreach training, lockout/tagout, and qualified rigger & signal person training. Jordan's diverse background has contributed to his ability to connect with people across all professions and experience, taking complex subjects and delivering them in a manner that fosters understanding and retention.

KADY OLSON, CSP
(NATIONAL SAFETY CONSULTANT)

Kady Olson holds a BS in Chemistry, a MS in Occupational Safety, and has 11 years of experience in the life sciences, construction, and manufacturing industries. Kady's experience with lean manufacturing allows her to apply continuous improvement principles to optimize processes and promote safety. She specializes in health and safety program development, implementation and evaluation, in addition to OSHA outreach training, ergonomics, hazardous waste operations/emergency response, and safety leadership. She believes that management commitment is the key to a successful safety culture and that no employee should risk their livelihood for a paycheck.

DAVID HENRY, QSSP
(SAFETY ADVISOR)

Dave Henry has been involved in the safety-distribution-business for over 20 years—working at Conney Safety for over 17 years—coordinating on-site safety services, such as respiratory fit protection, fall protection, and conducting detailed safety compliance audits with companies across various industries. His experience and vast knowledge of safety product offerings help him effectively solve safety challenges and protect workers.